

YOUR MENU

**Shire Oak
Primary**

Week 1

W/C - 04/09/23, 25/09/23,
16/10/23, 13/11/23, 04/12/23,
08/01/24, 29/01/24

MONDAY

Chicken Curry with Rice

Vegetarian Grill with Jacket
Wedges (ve)

Tuna Mayonnaise filled
Wrap with Jacket Wedges

Fresh Fruit
or
Yoghurt

Tuesday

Beef Cottage Pie

Super Five Vegetable Pasta
Bake with Crusty Bread (v)

Cheese Bap with Pasta
Salad (v)

Fresh Fruit
or
Yoghurt

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

MENUS ARE SUBJECT
TO AVAILABILITY



Wednesday

Tortilla Pizza with Jacket
Wedges (v)

Vegetarian Spaghetti
Bolognese (ve)

Wholemeal Egg
Mayonnaise Sandwich with
Jacket Wedges (v)

Fresh Fruit
or
Yoghurt

RED TRACTOR STANDARDS



THURSDAY

Roast Gammon with
Yorkshire Pudding, Mashed
and Roast Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed
and Roast Potatoes (v)

Hot Roast Filled Bap with
Roast Potatoes

Lemon Sponge with
Custard



(v) = vegetarian
(ve) = vegan

FRIDAY

Fish Fingers with Chips

Vegetable Biryani (ve)

Wholemeal Tuna Sandwich
with Chips

Chocolate and Orange
Cookie

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.



YOUR MENU

(v) = vegetarian

(ve) = vegan

FRIDAY

Crispy Salmon Bites with
Chips

Cheesy Bean Wrap with
Chips (v)

Egg Mayonnaise Sandwich
with Chips (v)

Fresh Fruit
or
Yoghurt

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THURSDAY

Pork Sausage with Yorkshire
Pudding, Mashed and Roast
Potatoes

Vegetarian Sausage with
Yorkshire Pudding, Mashed and
Roast Potatoes (v)

Hot Roast Filled Bap with
Roast Potatoes

Marble Sponge with
Custard



Wednesday

Chicken Curry with Rice

Margherita Pizza with
Jacket Wedges (v)

Wholemeal Tuna and
Cucumber Sandwich with
Jacket Wedges

Fun Fruit Wednesday
Or
Yoghurt

RED TRACTOR STANDARDS



Tuesday

Chicken Pie with Mashed
Potato

Vegetarian Sausage with
Mashed Potato (v)

Tuna Bap with Herby Diced
Potatoes

Pineapple Oaty Slice

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

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**Shire Oak
Primary**

Week 2

W/C - 11/09/23, 02/10/23,
23/10/23, 20/11/23,
11/12/23, 15/01/24,

MONDAY

Cheese and Onion Slice
with Jacket Wedges (v)

Vegetarian Pasta
Bolognese (ve)

Cheese Salad Wrap with
Jacket Wedges (v)

Fresh Fruit
or
Yoghurt



YOUR MENU

(v) = vegetarian

(ve) = vegan

FRIDAY

Fish Fingers with Chips

Tomato Pasta Bake (v)

Tuna Bap with Chips

Jelly with Fresh Fruit
Wedges

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THURSDAY

Roast Pork with Yorkshire Pudding, Mashed and Roast Potatoes

Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Hot Roast filled Bap with Roast Potatoes

Vanilla Ice Cream with Sliced Peaches



Wednesday

Pasta with Beef Bolognese

Omelette with Jacket Wedges (v)

Wholemeal Cheese Sandwich with Jacket Wedges (v)

Chocolate Sponge with Custard

RED TRACTOR STANDARDS



Tuesday

Margherita Pizza with Herby Diced Potatoes (v)

Veggieballs in Gravy with Herby Diced Potatoes (ve)

Egg Mayonnaise Bap with Herby Diced Potatoes (v)

Fresh Fruit
or
Yoghurt

AVAILABLE DAILY
YOGHURTS
AND
Fresh Fruit

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TO AVAILABILITY

**Shire Oak
Primary**

Week 3

W/C - 18/09/23, 09/10/23,
06/11/23, 27/11/23,
18/12/23, 22/01/24

MONDAY

Crispy Chicken Fillet with Jacket Wedges

Tomato and Chickpea Curry with Rice (v)

Wholemeal Tuna and Sweetcorn Sandwich with Jacket Wedges

Fresh Fruit
or
Yoghurt

