YOUR MENU

(v) = vegetarian
(ve = vegan

Shire Oak Primary

Week 1

W/C – 27.02.23, 20.03.23, 24.04.23, 15.05.23, 12.06.23, 03.07.23

MONDAY

- Macaroni Cheese with Homemade Tomato Bread (v)
- Vegetarian Meatball Sub Roll with Jacket Wedges (ve)
- Jacket Potato with Tuna

Fresh Fruit or Yoghurt

Tuesday

- Sticky Chicken Wrap with Rice
- Margherita Pizza with Jacket Wedges (v)
- Egg Mayonnaise Sandwich with Jacket Wedges (v)

Fresh Fruit or Yoghurt

Wednesday

- Minced Beef and Onion Pie with Mashed Potato
- Vegetable Korma with Rice (v)
- Tuna Crunch Wrap with Jacket Wedges

Fresh Fruit or Yoghurt

Seasonal local produce USED WHEREVER POSSIBLE

THURSDAY

- Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes
- Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)
- Hot Roast Filled Bap with Roast Potatoes

Pear and Ginger Sponge and Custard

FRIDAY

- Fish Fingers with Chips
- Tortilla Pizza with Chips (v)
- Jacket Potato with Baked Beans (ve)

Fresh Fruit or Yoghurt

AVAILABLE DAILY

YOGHURTS AND Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY

RED TRACTOR STANDARDS

Leeds CITY COUNCIL

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.

FOOD FOR LIFE BRONZE SCHOOL AWARD Soil Association

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Week 2

W/C – 06.03.23, 27.03.23, 01.05.23, 22.05.23, 19.06.23, 10.07.23

MONDAY

- Breaded Chicken in Curry Sauce with Rice
- Mediterranean Pasta Bake (v)
- Cheese Bap with Jacket Wedges (v)

Fresh Fruit or Yoghurt

Tuesday

- Beef Lasagne with Crusty Bread
- Cheesy Bean Slice with Jacket Wedges (v)
- Wholemeal Egg Mayonnaise Sandwich with Jacket Wedges (v)

Fresh Fruit or Yoghurt

Wednesday

- Sausage Casserole
- Meatballs served in a Sub Roll with Baby Baked Potatoes (v)
- Jacket Potato with Tuna

Fresh Fruit or Yoghurt

Seasonal local produce USED WHEREVER POSSIBLE

THURSDAY

- Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes
- Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)
- Hot Roast Filled Bap with Roast Potatoes

Apple Crumble with Custard

FRIDAY

- Crispy Salmon Bites with Chips
- Margherita Pizza with Chips (v)
- Jacket Potato with Cheese (v)

Fresh Fruit or Yoghurt

AVAILABLE DAILY

YOGHURTS AND Fresh Fruit

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Week 3

W/C – 20.02.23, 13.03.23, 17.04.23, 08.05.23, 05.06.23, 26.06.23, 17.07.23

MONDAY

- Spaghetti Bolognaise
- Jacket Potato with Baked Beans (ve)
- Wholemeal Egg Mayonnaise Bap with Jacket Wedges (v)

Fresh Fruit or Yoghurt

Tuesday

- Meat Feast Pizza with Herby Diced Potatoes
- Tikka Masala with Rice (v)
- Wholemeal Tuna and Cucumber Sandwich with Rainbow Rice

Fresh Fruit or Yoghurt

Wednesday

- Roast Chicken Bap with Jacket Wedges
- Super Five Pasta Bake (v)
- Cheese Bap with Veg Sticks and Jacket Wedges (v)

Fresh Fruit or Yoghurt

Seasonal local produce USED WHEREVER POSSIBLE

THURSDAY

- Roast Pork with Yorkshire Pudding, Mashed and Roast Potatoes
- Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)
- Vegetarian Sausage Filled Bap with Roast Potatoes (v)

Rice Pudding with Homemade Strawberry Sauce

FRIDAY

- Fish Fingers with Chips
- Vegetable Nuggets with Chips (ve)
- Wholemeal Cheese Sandwich with Chips (v)

Fresh Fruit or Yoghurt

AVAILABLE DAILY

YOGHURTS AND Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY

RED TRACTOR STANDARDS

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V3

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