

# Shire Oak Weekly Menu

*Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal, local produce wherever possible*

Week 1: 25.02.19, 18.03.19, 22.04.19, 13.05.19, 10.06.19, 01.07.19, 22.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dish of the Day</b>	Chicken Curry with Rice or Chapatti	Savoury Mince with Dumplings	Spaghetti with Meatballs in a Tomato Sauce	Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes	Fish Fingers with Diced Potatoes
<b>Dish of the Day 2 (v)</b>	Cheesy Pasta with Homemade Tomato Garlic Bread	Vegetarian Sausage Hotpot	Vegetable Curry with Rice	Vegetarian Sausage with Yorkshire Pudding and Roast Potatoes	Cheesy Bean Wrap with Diced Potatoes
<b>Fresh Seasonal Vegetable Selection</b>	Sweetcorn and Peas	Broccoli and Carrots	Cauliflower and Peas	Carrots and Seasonal Greens	Peas
Daily Salad Bar Selection					
<b>Sandwich of the Day</b>	Ham	Cheese (v)	Tuna	Hot Roast Baguette	Egg Mayonnaise (v)
<b>Desserts</b>	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Seasonal Fruit Crumble with Custard	Fresh Fruit or Yoghurt

Please note all sandwiches are served with potato of the day or if this is not appropriate then served with pasta or rice salad from the salad bar

If you require any information regarding Allergens please contact Catering Leeds Head Office - 0113 3782321

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Week 2: 04.03.19, 25.03.19, 29.04.19, 20.05.19, 17.06.19, 08.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dish of the Day</b>	Chicken Curry with Naan	Pulled Pork Wrap with Rice Salad	Chicken and Broccoli Pasta	Roast Beef with Yorkshire Pudding, Mashed and Roast Potatoes	Crispy Salmon Fillet with Homemade Jacket Wedges
<b>Dish of the Day 2 (v)</b>	Omelette with Crusty Bread	Jacket Potato with Cheese and Baked Beans	Margarita Pizza with Homemade Herby Diced Potatoes	Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes	Crispy Vegetable Grill with Tomato Salsa and Homemade Jacket Wedges
<b>Fresh Seasonal Vegetable Selection</b>	Sliced Green Beans and Sweetcorn	Carrots and Broccoli	Peas and Cauliflower	Roasted Seasonal Vegetables	Peas and Sweetcorn
Daily Salad Bar Selection					
<b>Sandwich of the Day</b>	Cheese (v)	Egg Mayonnaise (v)	Tuna Wrap	Hot Roast Baguette	Cheese (v)
<b>Desserts</b>	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Chocolate Sponge and Custard	Fresh Fruit or Yoghurt

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Week 3: 11.03.19, 15.04.19, 06.05.19, 03.06.19, 24.06.19, 15.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dish of the Day</b>	Chicken Curry with Rainbow Rice	Pork Sausage with Mashed Potato	Chicken Breast Fillet served in a Bun served with Homemade Potato Wedges	Roast Turkey with Yorkshire Pudding, Mashed and Roast Potatoes	Battered Fish and Chips
<b>Dish of the Day 2 (v)</b>	Vegetarian Meatball Sub with Rainbow Rice	Vegetarian Sausage with Mashed Potato	Vegetable Lasagne	Vegetarian Grill with Yorkshire Pudding, Mashed and Roast Potatoes	Homemade Cheese and Tomato Roll with Chips
<b>Fresh Seasonal Vegetable Selection</b>	Peas and Sweetcorn	Carrots and Broccoli	Cauliflower and Sliced Green Beans	Broccoli, Carrot and Swede	Peas or Baked Beans
Daily Salad Bar Selection					
<b>Sandwich of the Day</b>	Ham	Tuna	Cheese Bap (v)	Hot Roast Baguette	Egg Mayonnaise (v)
<b>Desserts</b>	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple Sponge and Custard	Fresh Fruit or Yoghurt

Please note all sandwiches are served with potato of the day or if this is not appropriate then served with pasta or rice salad from the salad bar if you require any information regarding Allergens please contact Catering Leeds Head Office - 0113 3782321