

# YOUR MENU

(v) = vegetarian

(ve) = vegan

## FRIDAY

Fish Fingers with Chips

Jacket Potato with Baked Beans (ve)

Wholemeal Cheese Sandwich with Chips (v)

Fresh Fruit or Yoghurt

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food, fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.



**Shire Oak Primary**

*Week 1*

W/C – 28/02/22, 21/03/22,  
25/04/22, 16/05/22, 13/06/22,  
04/07/22, 25/07/22

## MONDAY

Vegetable Lasagne (v)

Vegetarian Meatballs in Onion Gravy with Jacket Wedges (ve)

Wholemeal Cheese Sandwich with Jacket Wedges (v)

Fresh Fruit or Yoghurt

## Tuesday

Cottage Pie

Super Five Vegetable Pasta Bake with Tomato and Herb Bread (v)

Wholemeal Tuna Sandwich with Jacket Wedges

Fresh Fruit or Yoghurt

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT TO AVAILABILITY



## Wednesday

Chicken Curry with Rice

Margherita Pizza with Pasta Salad (v)

Egg Bap with Pasta Salad (v)

Fresh Fruit or Yoghurt

RED TRACTOR STANDARDS



## THURSDAY

Roast Pork with Yorkshire Pudding, Mashed and Roast Potatoes

Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Hot Roast Filled Bap with Roast Potatoes

Ice Cream Roll



# YOUR MENU

(v) = vegetarian

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## FRIDAY

Crispy Salmon Bites with Chips

Cheese and Egg Platter served with Crusty Bread and Chips (v)

Tuna Bap with Chips

Fresh Fruit or Yoghurt

**Future LEEDS**  
**BRONZE SCHOOL AWARDS**  
**FOOD FOR LIFE**  
**Soil Association**

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## THURSDAY

Pork Sausage with Yorkshire Pudding, Mashed and Roast Potatoes

Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Hot Roast Filled Bap with Roast Potatoes

Chocolate Sponge with Chocolate Custard



## Wednesday

Chicken Curry with Rice

Tortilla Pizza with Jacket Wedges (v)

Wholemeal Egg Mayonnaise Sandwich with Jacket Wedges (v)

Fresh Fruit or Yoghurt

RED TRACTOR STANDARDS



## Tuesday

Chicken Casserole with Mashed Potato

Vegetarian Meatballs in a Mediterranean Tomato Sauce with Jacket Wedges (ve)

Tuna Bap with Jacket Wedges

Fresh Fruit or Yoghurt

AVAILABLE DAILY  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT TO AVAILABILITY

**Shire Oak Primary**

*Week 2*

W/C – 07/03/22, 28/03/22,  
02/05/22, 23/05/22,  
20/06/22, 11/07/22,

## MONDAY

Jacket Potato with Baked Beans (ve)

Vegetarian Pasta Bolognese (v)

Cheese Salad Wrap with Herby Diced Potatoes (v)

Fresh Fruit or Yoghurt



# YOUR MENU

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## FRIDAY

Fish Fingers with Chips

Jacket Potato with Cheese  
(v)

Tuna Bap with Chips

Fresh Fruit or Yoghurt



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Soil Association

**Shire Oak  
Primary**

Week 3

W/C – 14/03/22, 18/04/22,  
09/05/22, 06/06/22,  
27/06/22, 18/07/22

## MONDAY

Vegetarian Burger with  
Jacket Wedges (v)

Vegetable Curry with Rice  
(v)

Wholemeal Tuna Sandwich  
with Jacket Wedges

Fresh Fruit or Yoghurt

## Tuesday

Chicken Curry with Rice

Pizza Pinwheels with  
Jacket Wedges (v)

Wholemeal Egg  
Mayonnaise Sandwich with  
Jacket Wedges (v)

Fresh Fruit or Yoghurt

**AVAILABLE DAILY  
YOGHURTS  
AND  
Fresh Fruit**

MENUS ARE SUBJECT  
TO AVAILABILITY



## Wednesday

Beef Lasagne with Crusty  
Bread

Omelette with Jacket  
Wedges (v)

Wholemeal Cheese  
Sandwich with Jacket  
Wedges (v)

Fresh Fruit or Yoghurt

RED TRACTOR STANDARDS



## THURSDAY

Roast Chicken with  
Yorkshire Pudding, Mashed  
and Roast Potatoes

Vegetarian Sausage with  
Yorkshire Pudding, Mashed  
and Roast Potatoes (v)

Hot Roast Filled Bap with  
Roast Potatoes

Mini Doughnut with Fresh  
Orange Juice

