

MIGHTY MEALS MENU 25/26

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Shire Oak Primary

N3 DELI Week ONE

W/C 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26



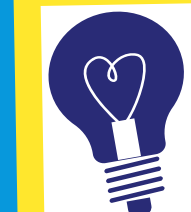
Look out for why our MIGHTY MENUS are the best choice at lunchtime!



Cook's special
Our cooks have chosen meals they know children will eat and enjoy.



World wise
Dishes from around the world to develop children's tastes.



Brain boosting
Protein packed dishes to support learning.



High 5
Fresh fruit and veg to help your child reach the magic 5 portions a day.



Planet power
Vegetarian and vegan meals that are good for children and the planet.



Eat a rainbow
Desserts that contain a variety of fresh fruits.

TASTY!

Mains

Only the best EVERY day!

Meat Free

Deli

Filled Soft Bap or Tortilla-wrap with Pick Your Own Salad Bar

Desserts

Fresh Fruit & Yoghurt available daily

MONDAY



Margherita Pizza (V)(H)
Baby Baked Potatoes
Fresh Salad

TUESDAY



Chicken Pie with Puff Pastry Crust,
Mashed Potato,
Broccoli, Carrots & Gravy

WEDNESDAY



Beef Chilli Con Carne with Baked Nachos and Rice, Peas & Carrots

THURSDAY



Roast Gammon Ham, Yorkshire Pudding,
Mashed or Roast Potatoes,
Roasted Winter Vegetables, & Gravy

FRIDAY



All Day Breakfast
Hash Brown & Baked Beans



Homemade Vegetarian Curry (VE)(H)
Steamed Rice
Cauliflower & Peas



Creamy Cajun Pasta Bake (V)(H)
Fresh Salad



Vegetarian Sausage (VE)(H)
Mashed Potato, Peas,
Carrots & Gravy



Vegetarian Savoury Grill, (VE)(H)
Yorkshire Pudding,
Mashed or Roast Potatoes,
Roasted Winter Vegetables, & Gravy



Vegetarian All Day Breakfast (V)(H)
Hash Brown & Baked Beans



Tuna Mayonnaise (H)
Homemade Jacket Wedges
PYO Salad Bar



Cheddar Cheese and Coleslaw (V)(H)
Baby Baked Potatoes
PYO Salad Bar



Hot Roast Gammon Ham or Vegetarian Sausage Bap (VE)(H)
PYO Salad Bar



Tuna Mayonnaise (H)
Hash Brown
PYO Salad Bar



Jam & Coconut Sponge with Creamy Custard



Melon Slices & Home Baked Shortbread



Yoghurt & Fresh Fruit



Flaky Apple & Cinnamon Swirls



Yoghurt & Fresh Fruit

WOW!

DELICIOUS MEALS EVERY DAY!



(V) VEGETARIAN (VE) VEGAN (H) HALAL

Allergen information is available on request. Special diets catered for.

MIGHTY MEALS MENU 25/26

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Shire Oak Primary

N3 DELI Week TWO

W/C 10/11/25, 01/12/25, 12/01/26, 02/02/26



Look out for why our MIGHTY MENUS are the best choice at lunchtime!



Cook's special
Our cooks have chosen meals they know children will eat and enjoy.



World wise
Dishes from around the world to develop children's tastes.



Brain boosting
Protein packed dishes to support learning.



High 5
Fresh fruit and veg to help your child reach the magic 5 portions a day.



Planet power
Vegetarian and vegan meals that are good for children and the planet.



Eat a rainbow
Desserts that contain a variety of fresh fruits.

TASTY!

Mains

Only the best EVERY day!

Meat Free

Deli

Filled Soft Bap or Tortilla-wrap with Pick Your Own Salad Bar

Desserts

Fresh Fruit & Yoghurt available daily

MONDAY



Margherita Flatbread Pizza (V)(H)
Homemade Jacket Wedges, Peas & Sweetcorn

TUESDAY



Homemade Chicken Curry with Rice, Cauliflower & Broccoli

WEDNESDAY



Cheeseburger
Homemade Jacket Wedges & Fresh Salad

THURSDAY



Roast Chicken, Yorkshire Pudding, Mashed or Roast Potatoes, Cabbage & Mashed Swede/Carrot and Gravy

FRIDAY



Crunchy Salmon Bites or Fish Fingers (H)
Chips and Tomato Ketchup, Sweetcorn & Green Beans



Vegetarian Chilli with Baked Nachos and Rice (VE)(H)
Peas & Sweetcorn



Cheddar Cheese Omelette (V)(H)
Herby Diced Potatoes
Fresh Salad



Vegetarian Cheeseburger (V)(H)
Homemade Jacket Wedges & Fresh Salad



Vegetarian Sausage (VE)(H)
Yorkshire Pudding
Mashed or Roast Potatoes, Cabbage & Mashed Swede/Carrot and Gravy



Macaroni Cheese (V)(H)
with Garlic Bread, Green Beans & Sweetcorn



Egg Mayonnaise (V)(H)
Homemade Jacket Wedges
PYO Salad Bar

Roast Ham
Herby Diced Potatoes,
PYO Salad Bar



Egg Mayonnaise (V)(H)
Homemade Jacket Wedges, Carrot & Cucumber Sticks & Mayo Dip



Hot Roast Chicken or Vegetarian Sausage Bap (VE)(H)
Roast Potatoes
PYO Salad Bar



Tuna Mayonnaise Salad (H)
Chips
PYO Salad Bar



Yoghurt & Fresh Fruit

Fruity Drizzle Cake with Creamy Custard



Seasonal Plum Flapjack



Chocolate Brownie & Fresh Fruit Wedges



Yoghurt & Fresh Fruit

WOW!

DELICIOUS MEALS EVERY DAY!



(V) VEGETARIAN (VE) VEGAN (H) HALAL

Allergen information is available on request. Special diets catered for.

MIGHTY MEALS MENU 25/26

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Shire Oak Primary

N3 DELI Week THREE

W/C 17/11/25, 08/12/25, 19/01/26, 09/02/26



Look out for why our
MIGHTY MENUS are the
best choice at lunchtime!



Cook's special
Our cooks have chosen
meals **they know** children
will eat and enjoy.



World wise
Dishes from around
the world to **develop**
children's tastes.



Brain boosting
Protein packed dishes
to **support** learning.



High 5
Fresh fruit and veg
to help your child
reach the magic
5 portions a day.



Planet power
Vegetarian and vegan
meals that are **good**
for children and
the planet.



Eat a rainbow
Desserts that
contain a variety
of **fresh fruits**.

TASTY!

Mains

Only the best EVERY day!

Meat Free

Deli

Filled Soft Bap or Tortilla-Wrap
with Pick Your Own Salad Bar

Desserts

Fresh Fruit & Yoghurt
available daily

MONDAY



**Cheesy Bean Filled
Tortilla Wrap (V)(H)
Homemade
Jacket Wedges,
Carrots & Peas**

TUESDAY



**Homemade Classic
Lasagne with Crusty
Bread, Broccoli &
Sweetcorn**

WEDNESDAY



**Chicken Power up
Pasta Bowl in a Tomato
Sauce with Cauliflower
& Green Beans**

THURSDAY



**Classic Toad In The Hole,
Mashed or Roast Potatoes,
Carrots, Sweetcorn
and Gravy**

FRIDAY



**Fish Fingers (H)
Chips, Peas &
Tomato Ketchup**



**Spaghetti Topped
with a Vegetarian
Bolognese Sauce
(VE)(H)
Carrots & Peas**



**Margherita Pizza
(V)(H)
Baby Baked Potatoes,
Broccoli & Sweetcorn**



**Flaky Baked Vegan
Sausage Roll (VE)(H)
Herby Diced Potatoes,
Cauliflower &
Green Beans**



**Vegetarian
Toad In The Hole (V)(H)
Mashed or Roast Potatoes,
Carrots, Sweetcorn
and Gravy**



**Crispy Vegetable
Nuggets (VE)(H)
Chips, Peas & Tomato
Ketchup**



**Cheddar Cheese
(V)(H)
Homemade Jacket
Wedges
PYO Salad Bar**



**Egg Mayonnaise (V)(H)
Baby Baked Potatoes,
Carrot & Cucumber
Sticks & Mayo Dip**



**Tuna Mayonnaise (H)
Herby Diced Potatoes
PYO Salad Bar**



**Hot Pork Sausage or
Vegetarian Sausage Bap
(VE)(H)
Roast Potatoes
PYO Salad Bar**



**Tuna Mayonnaise
Salad (H)
Chips
PYO Salad Bar**



**Chocolate &
Orange Cake**



**Lemon Sponge with
Creamy Custard**



**Yoghurt &
Fresh Fruit**



**Pineapple & Orange
Jelly with
Fresh Fruit Salad**



**Yoghurt &
Fresh Fruit**

WOW!



(V) VEGETARIAN (VE) VEGAN (H) HALAL

Allergen information is available on request. Special diets catered for.

DELICIOUS MEALS EVERY DAY!