

SHIRE OAK C of E PRIMARY SCHOOL PSHCE SCHEME OF WORK

Teachers use opportunities from the children's experiences and the curriculum to address safety issues and healthy lifestyles learning in addition to these planned units. School has a programme of whole school events, such as Safer Internet Day, Growth Mindsets, and themed assemblies which give the opportunity for further PSHCE.

TERM	TOPIC	SEAL	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Healthy Lifestyles Democracy (school council elections) Respect Week	New Beginnings	<ul style="list-style-type: none"> Me, Myself & I Keeping The Body Healthy 	<ul style="list-style-type: none"> Making Choices For A Healthy Life Body Image And Self Esteem 	<ul style="list-style-type: none"> Cycle B : The Human Body: Eating Healthily, Forest school – looking and writing risk assessments 	<ul style="list-style-type: none"> Cycle B : The Human Body: Eating Healthily, Keeping Safe D-side –e-safety 	<ul style="list-style-type: none"> Recognising Risk And Responsibility D-side –e-safety Nominations for school council chair. 	<ul style="list-style-type: none"> Personal Safety D-side – e-safety
Autumn 2	P4C Friendships D-side (e-safety)	Getting On And Falling Out Say No To Bullying	<ul style="list-style-type: none"> Bullying Keeping safe at bonfire night. 	<ul style="list-style-type: none"> Taking Care Of One Another (including bonfire night) 	<ul style="list-style-type: none"> Feelings And Relationships . D-side –e-safety 	<ul style="list-style-type: none"> Resolving Conflicts 	<ul style="list-style-type: none"> Friendship Groups and Peer Pressure 	<ul style="list-style-type: none"> Dealing With Barriers To Friendships
Spring 1	- Drug & alcohol education- D-side Growth mindsets/ Switched On Shire Oak Week	Going For Goals	Personal hygiene– washing hands Fire safety –fire officer : Home Safety	Personal hygiene– washing hands Fire safety –fire officer : Home Safety	<ul style="list-style-type: none"> Smoking 	<ul style="list-style-type: none"> Alcohol 	<ul style="list-style-type: none"> Drugs And Volatile Substances 	<ul style="list-style-type: none"> How Drugs Affect Us
Spring 2	- Global Dimensions - Sustainability - Citizenship -	Good To Be Me	<ul style="list-style-type: none"> Global heroes/role models Being a good citizen. 	<ul style="list-style-type: none"> Global heroes/role models Being a good citizen. 	<ul style="list-style-type: none"> Health Promoting Environments 	<ul style="list-style-type: none"> Valuing Others And Their Communities 	<ul style="list-style-type: none"> Living In A Diverse World 	<ul style="list-style-type: none"> Growth Mindsets celebrating differences.
Summer 1	- Sex And Relationship Education	Relationships	<ul style="list-style-type: none"> Myself And Others' Feelings Cycle B: Buckets and spades – water safety. Cycle A: poisonous plants 	<ul style="list-style-type: none"> Families Cycle B: Buckets and spades – water safety. Cycle A: poisonous plants 	<ul style="list-style-type: none"> What's happening to me? 	<ul style="list-style-type: none"> Addressing Worries About Growing And Changing 	<ul style="list-style-type: none"> Growing And Changing 	<ul style="list-style-type: none"> Puberty And Sex Education
Summer 2	-Rooted in the Community - Transition	Changes	<ul style="list-style-type: none"> Looking After My Local Community 	<ul style="list-style-type: none"> Transition work SEAL - Changes Helping our wider community 	<ul style="list-style-type: none"> Developing links in our community. 	<ul style="list-style-type: none"> Changes Transitions Helping the community. 	<ul style="list-style-type: none"> Work Related to community, local and national 	<ul style="list-style-type: none"> Transition to Secondary school Bikeability International community