

SHIRE OAK C of E PRIMARY SCHOOL PSHCE SCHEME OF WORK
2017 -2018

Teachers use opportunities from the children's experiences and the curriculum to address safety issues and healthy lifestyles learning in addition to these planned units. School has a programme of whole school events, such as Safer Internet Day, Growth Mindsets, and themed assemblies which give the opportunity for further PSHCE.

TERM	TOPIC	SEAL	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Healthy Lifestyles Democracy (school council elections) D-side (e-safety)	New Beginnings	<ul style="list-style-type: none"> Me, Myself & I Keeping The Body Healthy 	<ul style="list-style-type: none"> Making Choices For A Healthy Life Body Image and Self Esteem 	<ul style="list-style-type: none"> Forest school – looking and writing risk assessments 	<ul style="list-style-type: none"> Keeping Safe D-side –e-safety 	<ul style="list-style-type: none"> Recognising Risk and Responsibility D-side –e-safety Nominations for school council chair. 	<ul style="list-style-type: none"> Personal Safety D-side – e-safety
Autumn 2	P4C Friendships Going green week	Getting On And Falling Out Say No To Bullying	<ul style="list-style-type: none"> Bullying Keeping safe at bonfire night. 	<ul style="list-style-type: none"> Taking Care Of One Another (including bonfire night) 	<ul style="list-style-type: none"> Feelings And Relationships 	<ul style="list-style-type: none"> Resolving Conflicts 	<ul style="list-style-type: none"> Friendship Groups and Peer Pressure 	<ul style="list-style-type: none"> Dealing With Barriers To Friendships
Spring 1	- Drug & alcohol education- D-side Switched On Shire Oak Week	Going For Goals	Personal hygiene– washing hands Fire safety –fire officer : Home Safety	Personal hygiene– washing hands Fire safety –fire officer : Home Safety	<ul style="list-style-type: none"> Smoking Cycle A: The Human Body: Eating Healthy 	<ul style="list-style-type: none"> Alcohol Cycle A: The Human Body: Eating Healthy 	<ul style="list-style-type: none"> Drugs And Volatile Substances 	<ul style="list-style-type: none"> How Drugs Affect Us
Spring 2	- Global Dimensions - Sustainability - Citizenship -	Good To Be Me	<ul style="list-style-type: none"> Being a good citizen. 	<ul style="list-style-type: none"> Being a good citizen. 	<ul style="list-style-type: none"> Health Promoting Environments 	<ul style="list-style-type: none"> Valuing Others And Their Communities 	<ul style="list-style-type: none"> Living In A Diverse World 	<ul style="list-style-type: none"> Growth Mindsets celebrating differences.
Summer 1	- Sex And Relationship Education	Relationships	<ul style="list-style-type: none"> Myself And Others' Feelings Cycle A: poisonous plants Going Green 	<ul style="list-style-type: none"> Families. Cycle A: poisonous plants Going Green 	<ul style="list-style-type: none"> What's happening to me? 	<ul style="list-style-type: none"> Addressing Worries About Growing And Changing 	<ul style="list-style-type: none"> Growing And Changing 	<ul style="list-style-type: none"> Puberty And Sex Education
Summer 2	-Rooted in the Community - Transition	Changes	<ul style="list-style-type: none"> Looking After My Local Community 	<ul style="list-style-type: none"> Transition work SEAL - Changes Helping our wider community 	<ul style="list-style-type: none"> Developing links in our community. 	<ul style="list-style-type: none"> Changes Transitions Helping the community. 	<ul style="list-style-type: none"> Work Related to community, local and national 	<ul style="list-style-type: none"> Transition to Secondary school Bike ability