

PSHE curriculum all year groups

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	Health and well-being H1, H2, H3, H4, H5 Relationships R1, R2, R3 Communities L4	Health and well-being H6, H7, H8, H9, H10 Relationships R3, R4, R5 Communities L5, L6	Mental Health H15, H16, H17 Communities L6, L7 Keeping safe H38	Respecting self and others R31, R32 Communities L8	Health and well-being H7, H14 Relationships R8, R9 Communities L9	Health and well-being H8, H9, H10 Communities L10
Aut 2	Shared responsibilities L1 Media literacy and digital resilience L7	Shared responsibilities L2 Media literacy and digital resilience L8, L9	Shared responsibilities L1 Media literacy and digital resilience L11, L12	Shared responsibilities L2, L3 Media literacy and digital resilience L13, L14	Shared responsibilities L4 Media literacy and digital resilience L15	Shared responsibilities L5 Media literacy and digital resilience L16
Spring 1	Mental Health H11, H12, H13, H14, H15 Friendships R6, R7 Living in the wider world L3	Mental Health H16, H17, H18, H19, H20 Friendships R8, R9 Keeping safe H30, H39	Relationships R1, R3, R5	Mental Health H18, H19, H20	Mental Health H21, H22	Mental Health H23, H24 Friendships R15, R16, R17, R18
Spring 2	Ourselves, growing and changing H21, H22, H23, H24 Economic wellbeing: Aspirations, work and career L14, L15	Economic well-being – money L12, L13 Economic wellbeing: Aspirations, work and career L16, L17	Ourselves, growing and changing H25, H26, H27 Economic wellbeing: Aspirations, work and career L25, L26	Ourselves, growing and changing H28, H29 Economic wellbeing: Aspirations, work and career L27, L28	Economic wellbeing: Aspirations, work and career L29, L30 Economic well-being – money L20, L21	Economic wellbeing: Aspirations, work and career L3, L32
Summer 1	Ourselves, growing and changing H25 Safe relationships R13, R14, R15, R16 Health and well-being H12	Safe relationships R17, R18, R19, R20 Keeping safe H33	Safe relationships R22, R23, R24, R25 Health and well-being H1, H2, H3, H6	Health and well-being H4, H5, H11 Keeping safe H43 Safe relationships R26, R27, R28, R29 Living in the wider world L3	Respecting self and others R33, R44	Economic well-being – money L22, L23, L24
Summer 2	Respecting self and others R21, R22	Respecting self and others R23, R24, R25	Respecting self and others R30	Relationships R4, R6	Friendships R10, R11, R12, R13, R14	Ourselves, growing and changing - within

	Economic well-being – money L10, L11	Ourselves, growing and changing H25, H26, H27	Economic well-being – money L17	Economic well-being – money L18, L19	Ourselves, growing and changing – within RSE curriculum H30, H31, H33, H34	RSE curriculum H30, H31, H33, H34, H32, H35 Keeping safe H43
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