

Year 2 PSHCE curriculum

TERM	TOPIC	OBJECTIVES
Autumn 1	Going on a journey	<p><b>Health and well-being</b>            H6. that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy            H7. about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health            H8. how to keep safe in the sun and protect skin from sun damage            H9. about different ways to learn and play; recognising the importance of knowing when to take a break from time online or TV            H10. about the people who help us to stay physically healthy</p> <p><b>Relationships</b>            R3. about different types of families including those that may be different to their own – recap year 1            R4. to identify common features of family life            R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried</p> <p><b>Communities</b>            L5. about the different roles and responsibilities people have in their community            L6. to recognise the ways they are the same as, and different to, other people</p>
Autumn 2	Going on a journey	<p><b>Shared responsibilities</b>            L2. how people and other living things have different needs; about the responsibilities of caring for them            mindmate: Beginning to understand empathy</p> <p><b>Media literacy and digital resilience</b>            L8. about the role of the internet in everyday life            L9. that not all information seen online is true</p>
Spring 1	Where do we live?	<p><b>Mental Health</b>            H16. about ways of sharing feelings; a range of words to describe feelings            H17. about things that help people feel good (e.g. playing outside, doing things they enjoy, spending time with family, getting enough sleep)            H18. different things they can do to manage big feelings, to help calm themselves down and/or change their mood when they don't feel good            H19. to recognise when they need help with feelings; that it is important to ask for help with feelings; and how to ask for it            H20. about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better            mindmate: Loss; losing loved object/person            mindmate: Comfortable and uncomfortable feelings</p> <p><b>Friendships</b>            R8. simple strategies to resolve arguments between friends positively            R9. how to ask for help if a friendship is making them feel unhappy            mindmate: Impact of behaviour on others</p> <p><b>Keeping safe</b>            H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters.            H39. about hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do to reduce risks and keep safe</p>
Spring 2	Where do we live?	<p><b>Economic well-being – money</b>            L12. about the difference between needs and wants; that sometimes people</p>

		<p>may not always be able to have the things they want L13. that money needs to be looked after; different ways of doing this</p> <p><b>Economic wellbeing: Aspirations, work and career</b> L16. different jobs that people they know or people who work in the community do L17. about some of the strengths and interests someone might need to do different jobs</p>
Summer 1	Heroes	<p><b>Safe relationships</b> R17. about knowing there are situations when they should ask for permission and also when their permission should be sought R18. about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually) R19. basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard</p> <p><b>Keeping safe</b> H33. about the people whose job it is to help keep us safe</p>
Summer 2	Heroes	<p><b>Respecting self and others</b> R23. to recognise the ways in which they are the same and different to others R24. how to listen to other people and play and work cooperatively R25. how to talk about and share their opinions on things that matter to them mindmate: celebrate strengths mindmate: Not giving up/perseverance</p> <p><b>Ourselves, growing and changing</b> H25. to name the main parts of the body including external genitalia (male and female private parts including vulva, vagina, penis, testicles) H26. about growing and changing from young to old and how people's needs change H27. about preparing to move to a new class/year group</p>

**Ongoing targets across school:**

H29. to recognise risk in simple everyday situations and what action to take to minimise harm.

On trips: H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely.

On trips: H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about

H38. how to predict, assess and manage risk in different situations.

H36. strategies to manage transitions between classes and key stages